



November 2022

Green Hills

Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

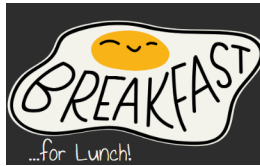
FRIDAY

1



- Beef Tacos with Shredded Cheddar Cheese, Lettuce and Tomatoes
 - Fiesta Corn
 - Seasoned Black Beans
 - Cinnamon Churro
- Maschio's Swap**
- Muffin Bag Meal or
 - Italian Sub

2



- Buttermilk Pancakes
 - Breakfast Sausages
 - Hash Browns
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

3



- Crispy Chicken Bacon Ranch Sandwich
 - Sweet Potato Fries
- Maschio's Swap**
- Muffin Bag Meal or
 - Pizza Crunchers

4



- French Bread Pizza
 - Maschio's House Salad
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

Lunch Price List

- Student Lunch: \$3.35
- Adult Lunch: \$5.00

7



- Grilled Cheese Sticks
 - Tomato Soup
 - Fresh Veggie Dippers
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

8

- Chicken Nuggets
 - Assorted Dipping Sauces
 - Dinner Roll
 - Spiral Fries
- Maschio's Swap**
- Muffin Bag Meal or
 - Italian Sub

9



- Mini Pizza Bagels
 - Freshly Prepared Caesar Salad
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

10



Maschio's Swap

11



Maschio's Swap

14

- Cheeseburger on a Bun or Hamburger on a Bun w/ lettuce, tomato, pickles
 - BBQ Baked Beans
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

15



- Whole Grain Waffles
 - Breakfast Sausages
 - Breakfast Potatoes
- Maschio's Swap**
- Muffin Bag Meal or
 - Italian Sub

16

- Pasta with Meat Sauce
 - Garlic Breadstick
 - Roasted Parmesan Broccoli
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

17



- Roast Turkey with Gravy
 - Mini Cornbread Loaf
 - Mashed Sweet Potatoes
 - Italian Green Beans
 - Whole Grain Sugar Cookie
- Maschio's Swap**
- Muffin Bag Meal or
 - Pizza Crunchers

18



- Bella's Pizza
 - Freshly Prepared Spring Mix Salad
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

21



- Creamy Mac & Cheese
 - Soft Pretzel Stick
 - Orange Glazed Carrots
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

22

- Sweet and Sour Popcorn
 - Chicken
 - Vegetable Fried Rice
 - Stir-Fry Vegetables
- Maschio's Swap**
- Muffin Bag Meal or
 - Italian Sub

23

- Italian Sampler with Breaded Ravioli, Mozzarella Sticks and Marinara Sauce
 - Sautéed Broccoli
- Maschio's Swap**
- Cereal Bag or
 - Chicken Nuggets

24

Thanksgiving

25

Thanksgiving Break

28



- French Toast Bites
- Cheese Omelet
- Tater Tots

Maschio's Swap

- Cereal Bag or
- Chicken Nuggets

29

- Beef Nacho Platter w/ Assorted Toppings
- Seasoned Refried Beans
- Brown Rice

Maschio's Swap

- Muffin Bag Meal or
- Italian Sub

30

- Cheese Lasagna Roll-Up with Marinara Sauce
- Dinner Roll
- Italian Green Beans

Maschio's Swap

- Cereal Bag or
- Chicken Nuggets

Maschio Swap Outs Available Daily:

***Menu is Subject to Change**

Lunch Served with Choice of: Fresh Fruit, Assorted Chilled Fruit, 100% Fruit Juice, Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk

QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!

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